

## **INSPECTION REPORT**

# **9<sup>TH</sup> WORLD BODYBUILDING & PHYSIQUE**

## **SPORTS CHAMPIONSHIPS**

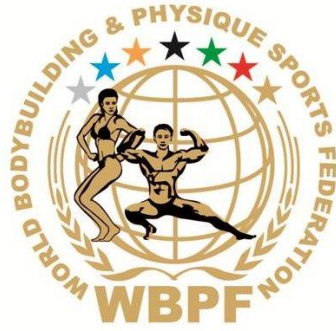
**2<sup>ND</sup> – 9<sup>TH</sup> OCTOBER, 2017**

**ULAANBAATAR**

**MONGOLIA**



**MESSAGE FROM THE PRESIDENT OF THE WORLD BODYBUILDING AND PHYSIQUE  
SPORTS FEDERATION (WBPF)**



The growth of the sport of bodybuilding and physique sports in Mongolia has excelled tremendously with the support of the Mongolian Bodybuilding and Fitness Federation (MBFF) over the past few years. Mongolia is one of the top ranking country in the world today. They have won several Gold Medals to their credit and produced great athletes of world class.

The holding of such a magnificent and spectacular world bodybuilding event in Ulan Bator, Mongolia is an endorsement from the government and people of the country that health and fitness are their top priorities.

I wish to express my sincere thanks to my dear colleagues Datuk Paul Chua "Father of Bodybuilding" and Ms. Christina Y. Kam, Executive Director of WBPF for their hard work and successful negotiation with the Mongolian Bodybuilding and Fitness Federation in ensuring a great championship in Ulan Bator, Mongolia. Datuk Paul Chua is a highly respected member of the WBPF, he is our main engine.

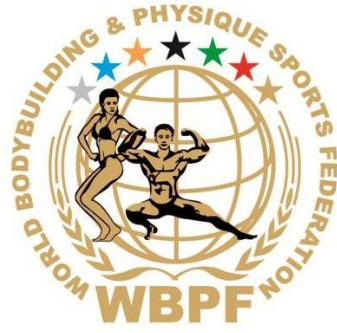
On behalf of the WBPF, I wish the people of Mongolia good health and prosperity.

Mergaliyev Bulat

President

World Bodybuilding & Physique Sports Federation (WBPF)

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**WELCOME MESSAGE  
FROM DR. DEMCHIGJAV ZAGDSUREN  
PRESIDENT OF THE MONGOLIAN NATIONAL OLYMPIC COMMITTEE**

It is with utmost pleasure that I welcome you to the 9<sup>th</sup> **WBPF World Bodybuilding Championships and Congress** being held in **Ulaanbaatar, Mongolia** from **2 – 8 October, 2017**.

On behalf of the Olympic family of Mongolia, I extend my warmest greetings to all bodybuilders and physique sports athletes of this event. Since its creation in 1956 and its recognition by the Olympic family in 1962, the NOC has always demonstrated its strong commitment to developing sport and promoting its fundamental values to as many as possible, especially young people.

It is an honour for Mongolia to host this World Bodybuilding Championships in our country. Never before has Mongolia welcomed athletes and officials from over 70 countries in bodybuilding event.

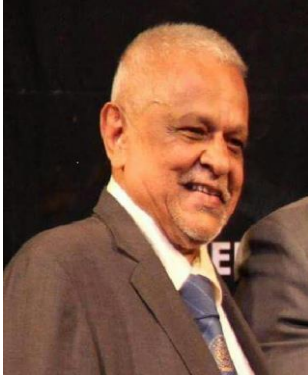
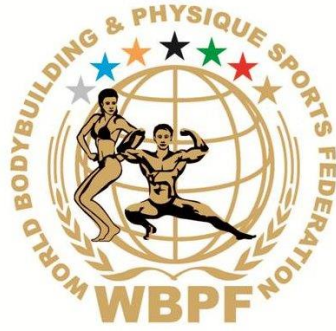
Your participation opens many doors. It gives you the competitive chance you have worked and dedicated yourself and it gives Mongolia the great opportunity to present its best hospitality that you will ever receive.

As President of the Mongolian National Olympic Committee, I commend the tremendous efforts of all those involved to make this event possible.

With best regards,  
Sincerely,



**Demchigjav Zagdsuren**  
**President, Mongolia NOC**  
**Chairman, OCA Information and Statistics Committee**  
**Member, ANOC Modernisation and Follow Up Commission**



#### MESSAGE FROM THE SECRETARY-GENERAL OF WBPF

Mongolia is emerging as a new global favourite for all sports across the world. There are many Gyms in Ulan Bator and people are very health conscious and exercising daily. Bodybuilding and Physique Sports is one of the top disciplines in this country and over 5000 audience watch their National competitions.

Their Organizing Committee whom I met together with our Executive Director Ms. Christina Y. Kam during our Inspection Trip in early April at Ulan Bator, Mongolia is fully prepared in hosting the 9th World Bodybuilding and Physique Sports Championships and Congress and to make it one of the greatest competition in the history of bodybuilding.

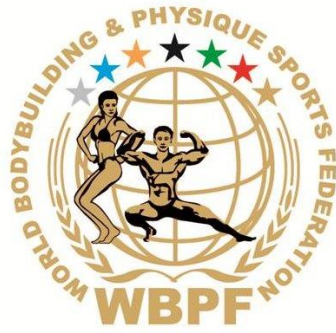
Mr. Odbaatar Sedjav, Secretary-General of the Mongolian Bodybuilding and Fitness Federation is passionately involved in the sport. He was a former bodybuilder and also Mr. Batmunkh Batsuuri who is the Vice-President of the Federation and a member of the Mongolian National Olympic Committee. Mr. Anarkhuu Ganbat, President and his Vice-President, Mr. Chinzorig Munkhbayar are all working together for the success of the championships and congress.

I would urge you to attend and participate in the 9th WBPF World Bodybuilding and Physique Sports Championships and Congress and enjoy the beautiful sceneries and natural wonders of Mongolia.

DATUK PAUL CHUA  
SECRETARY GENERAL  
WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION (WBPF)

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## MESSAGE OF WELCOME AND GREETINGS FROM THE PRESIDENT AND SECRETARY-GENERAL OF THE MONGOLIAN BODYBUILDING AND FITNESS FEDERATION

Dear Brothers and Sisters from the WBPF family,

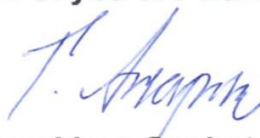
We welcome you to Ulan Bator, Mongolia from 2 - 8 October 2017 to witness one of the greatest event which is the 9th WBPF World Bodybuilding and Physique Sports Championships and Congress.

We assure you that we will host this global event successfully with your support and co-operation.


We are looking forward to receiving all the Executive Council Members and the delegates and athletes from all over the world to our beautiful country which you will see with your own eyes.

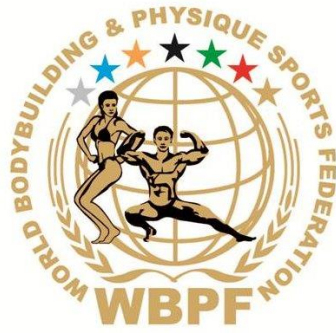
From September, the temperature starts to drop. October temperatures hover in the warm zone, but you get the odd cold day and the occasional snow flurry. You will surely enjoy the nice climate and the warmth of our people.

**All of you are warmly welcome to Ulan Bator, Mongolia**

  
**Anarkhuu Ganbat**  
President - MBFF



  
**Odbaatar Sedjav**  
Secretary-General - MBFF



MESSAGE FROM MR BATMUNKH BATSUURI, VICE PRESIDENT OF MBFF AND MEMBERS OF MNOC



As founder member of the Mongolian Bodybuilding and Fitness Federation and a Member of the Mongolian National Olympic Committee, I am very pleased that my country has been chosen to host the 9th WBPF World Bodybuilding and Physique Sports Championships and Congress in Ulan Bator, Mongolia.

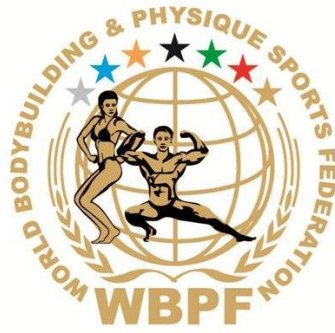
I am fully aware that this was made possible because of my dear friend and "Father of Bodybuilding" Datuk Paul Chua whom I met in the year 1993 in Seoul, South Korea and I was the competitor then and found him to be helpful to our nation in promoting our sport of bodybuilding and physique sports.

I will be very happy to meet most of my old colleagues in bodybuilding in Ulan Bator and I am sure that this event will be a success as our team is fully prepared for this glamorous championships.

Thank you

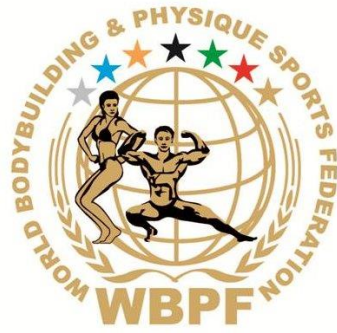
Batmunkh Batsuuri  
Vice-President of MBFF  
Member of the MNOC

*B. Батсүр*



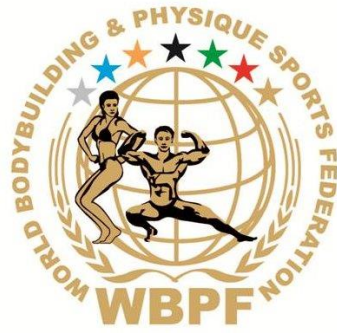
**Ulaanbaatar** (Улаанбаатар), also known as Ulan Bator or simply just UB, is the capital of Mongolia. With a population of around 1.3 million, it is the largest city in Mongolia, standing as its political, commercial, industrial and cultural hub. For business and pleasure trips alike, you will find yourself coming to the city at least once. Knowing and exploring the city properly can help you understand the country's history and its wonderful people. One will often see the past and the present are still living side by side.





## **Districts**

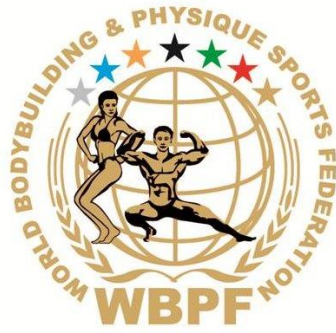
The city is officially divided into 9 districts with 7 of them located within or around the city area. Nalaikh and Baganuur are the two districts that have their own city infrastructure located within 138 km radius of the city. Both of these cities are located on the east side of UB and were originally built as mining towns. On any eastbound journeys, travelers will find themselves stopping traveling through these cities. In the capital city, the four original districts are Sukhbaatar, Songino Khaikhhan, Bayanzurkh and Bayangol where majority of the city population live today. Most downtown premises are located in the Sukhbaatar district.



### **Parliament Building of Mongolia**

In the history of the Mongolian people, there have been several well-known cities built as capital cities such as Kharakhorum during the 13th century Great Mongolian Empire. But none of them survived as an active capital city until the 16th century. With the active introduction of Lamaism in Mongolia from the 16th century, permanent monastic establishments started to emerge when Tibetan Buddhism flourished. The most important of such settlements was the residency palace of Mongolia's first spiritual leader named Zanabazar or Jebtsundamba Khutuktu in the year 1649. The year is now considered as the founding date of Mongolia's modern capital city, Ulaanbaatar. The city was first named Ikh Khuree, literally meaning "large circle" as the city was circular shaped.

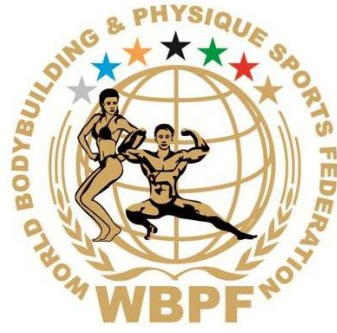




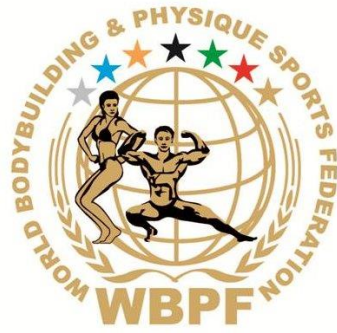
After changing locations in the central part of Mongolia over 20 times, it settled at its current location in the year of 1778.



Much of the modern architecture of Ulaanbaatar started to shape in the 20th century with the influence from Russian architecture. The modern day UB showcases a mix of Soviet architecture, ger settlements, Buddhist monasteries and 21st century high rises. Among Buddhist temples, most notables are the Among Buddhist temples, most notables are the [Gandan Tegchinlen Monastery](#), [Chojin Lama Temple](#) and [Bogd Khan Winter Palace Museum](#) .



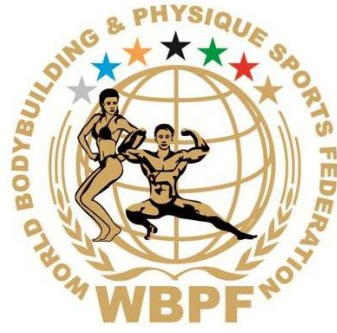




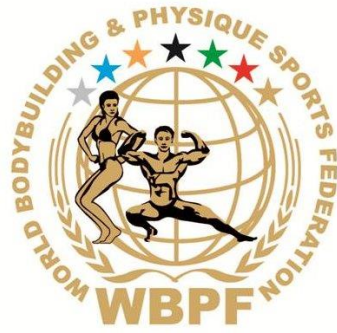
**WBPF Secretary-General Datuk Paul Chua and Executive Director Ms. Christina Kam visited the Mongolian National Olympic Committee's Office accompanied by the Member of MNOC Mr. Batmunkh Batsurri and who is also the Vice-President of MBFF together with Mr. Odbaatar Sedjav, Secretary-General of MBFF on 14<sup>th</sup> April, 2017. We met Dr. Demchigiav Zagdsuren, President of MNOC and had a pleasant and fruitful meeting with him. He assured us his support and co-operation to the 9<sup>th</sup> WBPF World Bodybuilding and Physique Sports Championships and Congress.**



**Dinner (typical Mongolian cuisine) hosted by former Major General (rtd) Byambasuren Bayarmagnai & his wife.  
Entertained by the military band**





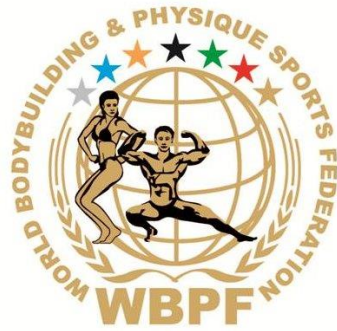


**Mr. G. Anarkuu, President of MBFF hosted a lunch in a Korean Restaurant and thanked Datuk Paul Chua for his support and assistances.**

**Photo taken at the UB PALACE championship venue restaurant with members of the Organizing Committee.**



**A home cooking dinner hosted by Mr. Batsurri and his lovely wife at their country resort hotel a two hour drive from the city. We stayed there for one night and enjoyed their warm hospitality.**



## GRAND HILL HOTEL



### OFFICIAL HOTELS:

Hotel : The Grand Hill Hotel, Ulan Bator, Mongolia.

Address: Damdinbazar Street 52, Ulaanbaatar, Mongolia

Tel No: + 976 7711 5599

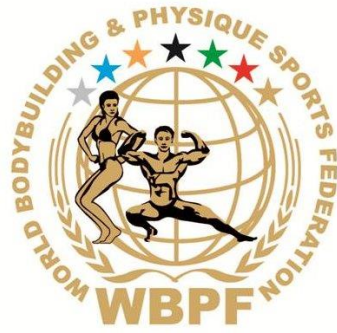
Email: [info@grandhillhotel.mn](mailto:info@grandhillhotel.mn)

Website : [www.grandhillhotel.mn](http://www.grandhillhotel.mn)

Note: All Executive members including Patrons are to arrive on 2<sup>nd</sup> October, 2017 and they are eligible to bring their spouses with them. Standing Sub-Committee members if they do bring their spouses, they need to pay extra charges.

WBPF Executive Committee members and Standing Committee members are exempted from paying the Registration fees, including Patrons and Honorary Life Members.



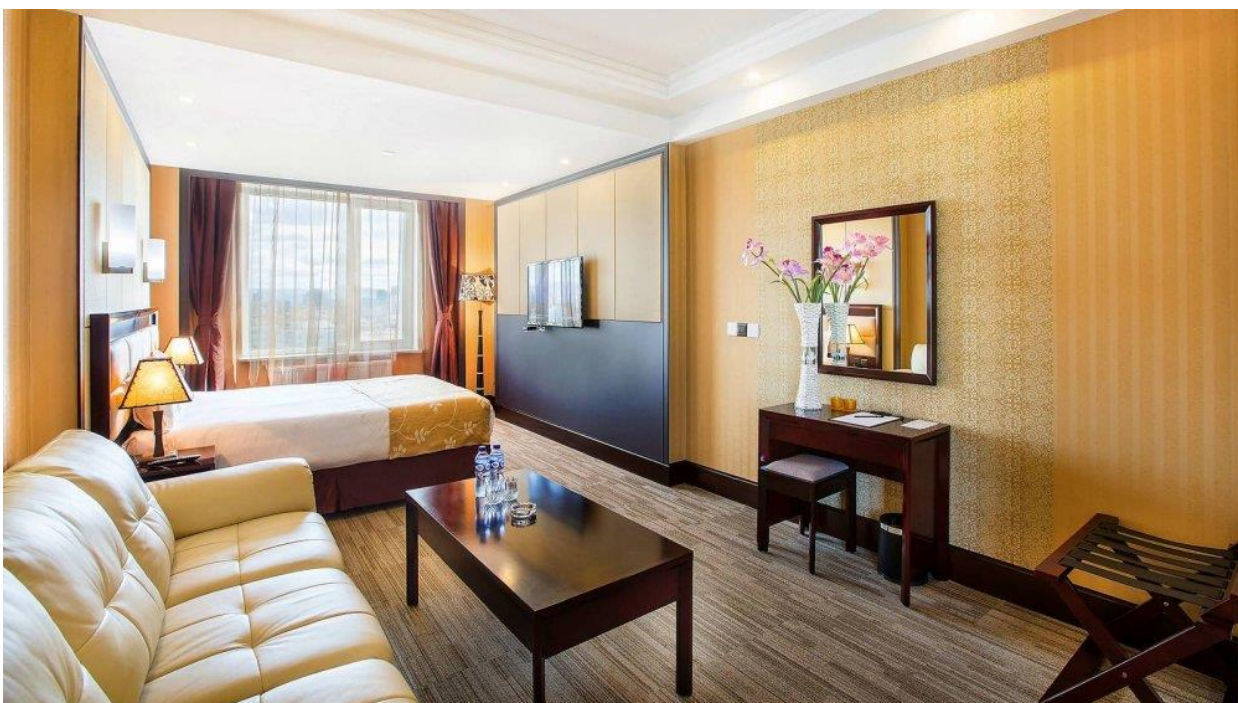


Note: Standing Committee members with the exception of the Chairman and Secretary of each sub-committee may have to share a twin sharing room. If a sub-committee member request for a single room, he or she must pay the difference of US Dollars 600.00.

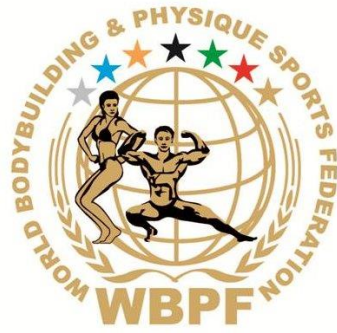
### EXECUTIVE SUITE :



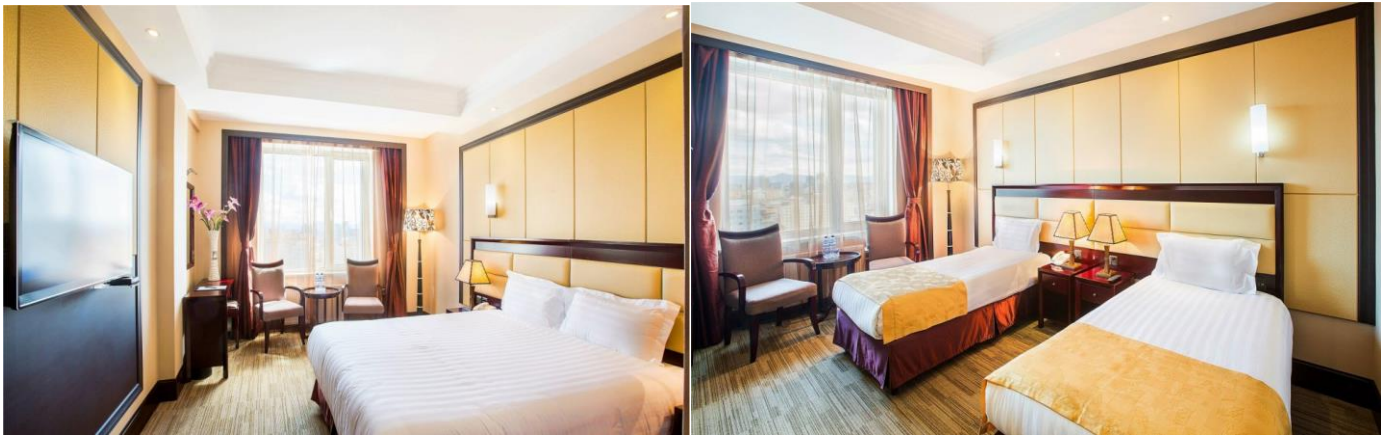
### JUNIOR SUITE :





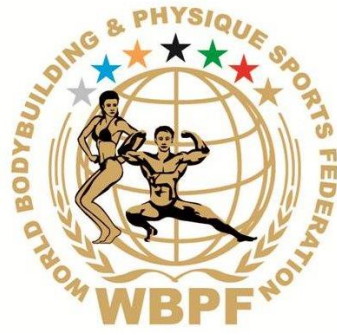


STANDARD SINGLE AND TWIN BED ROOMS:

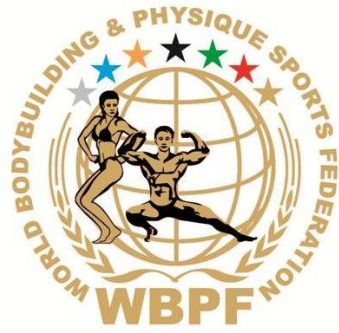


VENUE OF THE CHAMPIONSHIPS: ULAANBAATOR PALACE





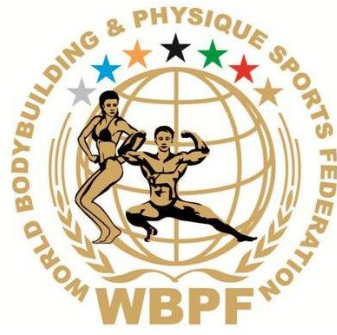




## MEETINGS:

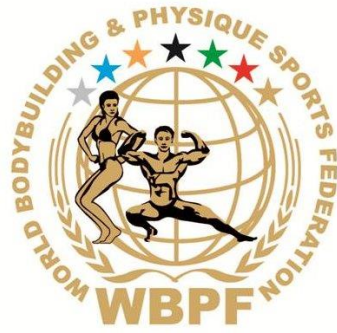
Grand Ballroom for Welcome & Farewell Party & Annual Congress ( 16<sup>th</sup> floor )





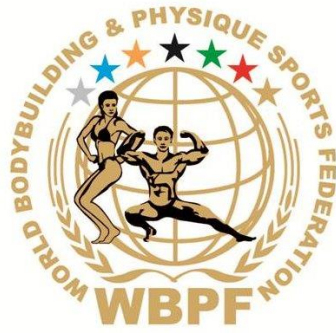
Secretariat ( Hotel Lobby )





Amure Hotel ( Grand Hill Hotel Annex ) - 4<sup>th</sup> floor  
( Executive Council Meeting, Team Managers & Judges Meeting )





## **HOTEL POLICY :**

The chief delegate or Team Manager will be fully responsible for all expenses incurred by any members of his team. PLEASE INFORM YOUR TEAM BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES.

## **REGISTRATION FEE:**

Each athlete and delegate, including delegates without competitors participating will be obligated to pay a Registration Fee of US\$90.00 per day x 6 nights = US\$540.- per person for a twin bedded sharing room. This fee is payable to the MONGOLIAN BODYBUILDING & FITNESS FEDERATION. This fee includes hotel accommodation, 3 meals per day (Breakfast Lunch & Dinner), shuttle to and from airport to hotel and to competition venue and a Welcome & Farewell Party. If anyone wishes to have a single room, they have to pay US\$ 90 extra per day (Total amount of US\$ 540 plus US\$ 540 = US\$ 1080)

## **EXTRA DELEGATES, OFFICIALS AND SUPPORTERS:**

All extra delegates, officials, judges, coaches, team managers or trainers, family and supporters are required to pay as follows for accommodation at the Grand Hill Hotel:

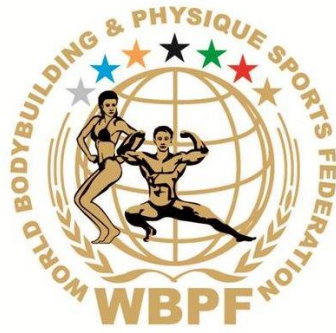
- \* Single Room: US\$ 900.00
- \* Twin Sharing Room: US\$ 1500.00 (US\$ 750 each)

The above charges include airport transfers, 3 meals and Farewell Party and tickets for the pre-judging and finals for 6 nights stay at the Grand Hill Hotel.

## **EARLY ARRIVAL AND LATE DEPARTURES:**

Any team or officials including Executive Committee arriving early or departing late are required to pay for the extra days per night for:

- \* Standard single room US\$ 140 per night (one person) at the Grand Hill Hotel including breakfast only.



\* Standard twin bedded room US\$ 100 per night (two persons) at the Grand Hill hotel including breakfast only.

Pick up service will be provided from the airport and return. Lunch and Dinner on your own, this is excluded from the rate quoted to you.

### **PAYMENTS & CURRENCY:**

Only Cash Payment in US\$ or Mongolian Tugrik will be accepted for registration fees.  
US\$ 1 = 2400 Mongolian Tugrik.

Credit Cards are acceptable at the large shopping malls in Ulaan Baator City.

### **SECRETARIAT:**

The Organizing Committee will maintain a secretariat room at the Grand Hill Hotel Lobby from 2<sup>nd</sup> to 9<sup>th</sup> October, 2017. You may obtain information and assistance from the Secretariat when required.

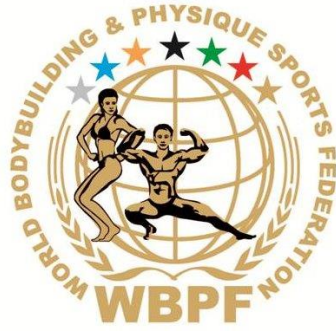
### **WEIGH-IN AND REGISTRATION:**

Weigh-in and Registration will take place on the 16<sup>th</sup> floor the Grand Crown Restaurant of the Grand Hill Hotel on 5<sup>th</sup> October, 2017 at 2:30 pm. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his/her own expenses.

### **IMPORTANT:**

Each athlete must bring his/her ID card, Junior and Master categories must bring along their passport, music CD, 2 National Flags and National Anthem during the weigh-in and registration, failing which the athlete will not be processed.





## **PARTICIPATION RULES :**

1. Country with less than two (2) competitors - only one (1) official will be allowed to pay the official registration fee;
2. Country with three (3) and above competitors - two (2) officials will be allowed to pay the official registration fee;
3. Country participating with woman athletes may send one (1) extra female official and she need to pay only the official registration fee

## **BACKSTAGE ACCESS/DRESSING ROOM ACCESS:**

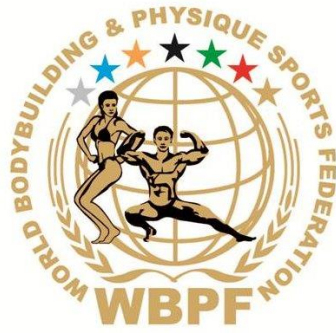
Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex to the athlete they are assisting and must obtain a GREEN CARD from the authority.

## **CAMERA/VIDEO TAPE EQUIPMENT:**

Camera and/or video tape equipment shall be strictly prohibited in the back stage and/or dressing room areas except when used by the WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

## **PARADE OF NATIONS:**

National dress code or track suits to be worn by delegates and/or officials taking part in the Parade of Nations. Only one (1) delegate and (1/2) one/two athletes per country must take part in the Parade of the Nations.



## JUDGES:

In order to assist the WBPF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 31<sup>st</sup> August, 2017. Judges must possess an International/Continental recognized judge's card and must produce to the Judges Committee at the Judges Meeting. Please send the nomination to Mr. Walter den Branden and c.c. to the WBPF Secretariat for record purpose.

Mr. Walter Branden Chairman - WBPF Judges Committee

P.O. Box 204

4566 ae Hulst

Netherlands

Fax: + 31 114 311 452

Email: [wbpsfwalter@zeelandnet.nl](mailto:wbpsfwalter@zeelandnet.nl)

Email: [wbpsf.ckam@yahoo.com](mailto:wbpsf.ckam@yahoo.com)

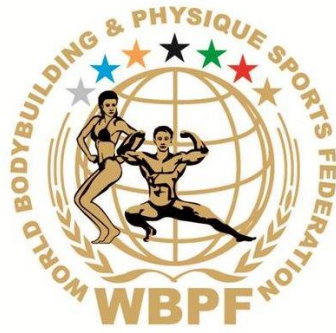
Email: [thaibody@hotmail.com](mailto:thaibody@hotmail.com)

Kindly nominate the name of your judges in advance, last minute submission will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with grey blazer and grey skirt or dress pants.

## ENTRY PASS CARD:

Entry Pass will be issued to the Weigh-in and backstage area during the Weigh-in, Pre Judging and Finals. It will be distributed at the Judges/Team Managers Meeting as follows:

Five (5) or more competitor - two (2) Pass will be issued and less than five (5) competitors, one Entrance Pass will be given.



### **MEDIA ACCREDITATION:**

All media accreditation, except local media, shall be controlled by the WBPF. All persons wishing to obtain media accreditation for this event must register with the WBPF by completing and signing the WBPF Media Accreditation Form. The form must be submitted to the WBPF by Email at [wbpfsecretary@yahoo.com](mailto:wbpfsecretary@yahoo.com) no later than 31<sup>st</sup> August, 2017.

### **ATHLETES WITHOUT DELEGATES:**

All athletes competing as WBPF World Championships must be members in good standing of their National Federations. Any athlete who arrives without a Delegate must carry an Official Letter of Authorization of Participation from his/her National Federation or by the WBPF, failing which the athlete will not be eligible to participate.

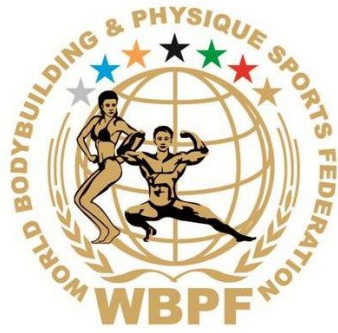
### **FAILURE TO HONOUR FINAL ENTRY FORM DEADLINE:**

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championships activities. A failure to respect these deadlines is a breach of the WBPF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Pre-Judging, Finals and Farewell Banquet.

### **MISREPRESENTATION:**

Misrepresentation is a serious breach of the WBPF Code of Ethics and occurs when an "Official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation and access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially registered, fail to compete.





### **MEDICAL WITHDRAWAL:**

Once officially registered, no Athlete may withdraw from competition, without the prior approval of the WBPF Judges' Chairman, who has the right to verify the reason for the withdrawal. Any National Federation that fails to seek the prior approval of the WBPF Judges' Chairman before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

### **ATTENDANCE AT THE WBPF ANNUAL CONGRESS:**

All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the Congress.

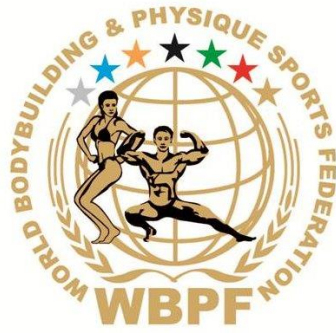
### **PRELIMINARY AND FINAL ENTRY FORMS:**

Preliminary Entry Form must be filled and returned to the Mongolian Bodybuilding and Fitness Federation not later than 15<sup>th</sup> June, 2017.

Final Entry Form must be filled and sent to the Organizer with the actual names of the people in your team not later than 31<sup>st</sup> August, 2017.. Please indicate the weight categories of your athletes.

### **ATTENTION:**

Those national federations who do not inform the organizing committee of how many extra delegates and supporters will be participating from their country, cannot be guaranteed accommodation at the Grand Hill Hotel as rooms will be limited. Your cooperation is essential to ensuring your reservations at the Grand Hill Hotel and the arrangements for your transportation.



## **DOPING:**

Doping will be conducted by WBPF Anti-Doping Committee in collaboration with the Anti-Doping Committee of Mongolian MNOC.

## **NATIONAL ANTHEM/NATIONAL FLAG:**

A) You must provide two (2) National Flags of your country. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters

B) You must also provide your National Anthem (shortened version) on CD. Video or cassette not acceptable.

## **POSING MUSIC:**

Posing music must be on CD only and produced with good quality. The music should be cued from the start of the CD. Each competitor must affix his/her name on the CD for easy identification.

THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED.

## **VISA:**

Please check with your Travel Agents or the Mongolia Embassy in your country to determine if you need a visa. Upon a request an official letter shall be issued and signed by Mongolian Bodybuilding & Fitness Federation. You are responsible for the VISA.

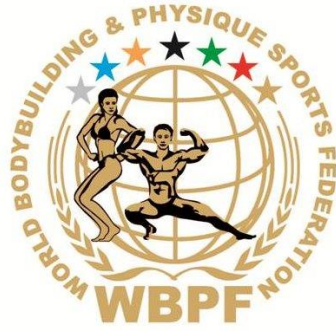
## **TRAINING FACILITIES:**

At the Weight Training Center of the Grand Hill Hotel and the assigned fitness center nearby the official hotel about 10 to 15 minutes walking distance.

## **LANGUAGE:**

The official language is Mongolian, however, English is widely spoken in hotels, restaurants, shopping centers and tourist sites.

## **CURRENCY:**



The unit of currency is Mongolian Tugrik ( US\$1 = 2400 Mongolian Tugrik ). All major credit cards are accepted in hotels and some restaurants. Certain stores may not accept credit cards or foreign currency; therefore, it is advisable to convert some money into local currency.

### CLIMATE:

In Ulan Bator, the month of October is characterized by *very rapidly falling* daily high temperatures, with daily highs decreasing by  $-7^{\circ}\text{C}$ ., from  $12^{\circ}\text{C}$  to  $1^{\circ}\text{C}$  over the course of the month, and rarely exceeding  $-7^{\circ}\text{C}$ ., or dropping below  $-21^{\circ}\text{C}$ . Daily low temperatures *decrease* by  $-8^{\circ}\text{C}$ , from  $-3^{\circ}\text{C}$  to  $-12^{\circ}\text{C}$ , rarely falling below  $-18^{\circ}\text{C}$  or exceeding  $4^{\circ}\text{C}$ . Overall, average temperature in October highest is  $10^{\circ}\text{C}$  and lowest is  $-2^{\circ}\text{C}$ . We suggest you check the weather forecast before your departure and warm clothes must bring along just in case weather change unexpectedly.

### ELECTRICAL CURRENT:

220 volts

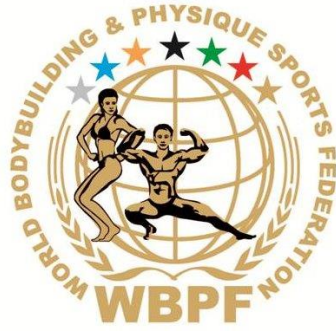
### SIGHT SEEING AND SHOPPING:

For shopping and sightseeing, it is suggested that you contact the Secretariat or the Concierge for assistance.

### ARRIVALS AND DEPARTURES:

You are required to notify the Organizing Committee of your schedule of arrival and departure time to the Organizing Committee well in advance. There is a column in the Final Entry Form for arrival and departure, please fill them and have it sent to the Organizing Committee. YOUR CO-OPERATION IS ESSENTIAL TO ENSURING ADEQUATE TRANSPORTATION FOR YOUR TEAM.





## COMMUNICATIONS:

The official entry form and invitation will be forwarded to all national federations by the WBPF Secretariat. Please forward all correspondences about your participation in the 9th WBPF World Championships/Congress to:

Mr. Odbaatar Sedjav  
Secretary-General / Organizing Committee  
Mongolian Bodybuilding & Fitness Federation  
Olympic House, Chinggis Avenue,  
Ulaanbaatar 210648 - Mongolia

Tel: +976-99286777

Email: [od\\_ncp@yahoo.com](mailto:od_ncp@yahoo.com)

and c.c. a copy to:

Datuk Paul Chua  
Secretary-General - WBPF  
35 Tannery Road, #04-01  
Tannery Block, Ruby Industrial Complex  
Singapore 347740  
Email: [wbpsecretary@yahoo.com](mailto:wbpsecretary@yahoo.com) / [wbpsf.ckam@yahoo.com](mailto:wbpsf.ckam@yahoo.com)

Fax: (65) 67479846

Tel: (65) 96163202 or (65) 96455466

