



# **WBPF WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS FOR MEN AND WOMEN & ANNUAL CONGRESS 2015**

**24th - 30th November, 2015  
Bangkok, Thailand**

## **MESSAGE OF WELCOME**



**Dear Executive Council Members, Delegates and Athletes**

**It is with great pleasure that I welcome all participants and guests to the 7th WBPF World Bodybuilding and Physique Sports Championships to be held in Bangkok, Thailand from 24th to 30th November, 2015.**

**The last world championships was held in the city of Bangkok in the year 2012 and now after two years, we have been given the honour to host the 7th series again in our country.**

**As President of the Thailand Bodybuilding and Physique Sports Association, I am very proud the World Bodybuilding and Physique Sports Federation (WBPF) has awarded and chosen Bangkok as the venue for this great world event and my Committee and I wish to thank sincerely the WBPF Executive Council for their confidence and faith in us.**

**I hope all of you will have a great time and a pleasant stay in Thailand.**

**Pakpong Kriangsak  
President,  
Thailand Bodybuilding and Physique Sports Association**



**BANGKOK-THAILAND**  
**24 - 30 November 2015**

**In 2012 Thailand hosted the 4th WBPf World Bodybuilding and Physique Sports Championships successfully in the city of Bangkok and again this year, they are organizing the 7th WBPf World Bodybuilding & Physique Championships and World Congress in Bangkok from 24 - 30 November 2015.**

**President Mergaliev Bulat, Secretary-General Datuk Paul Chua and the Executive Council of WBPf wish to thank the Thailand Bodybuilding Physique Sports Association, Sports Authority of Thailand, Thailand Olympic Committee and their government for their magnificent support and co-operation.**



Mr. Mergaliev Bulat WBPf President



Datuk Paul Chua WBPf Secretary General



**BANGKOK CITY:** It is an international hub for transport and health care, and is emerging as a regional centre for the arts, fashion, sports and entertainment. The city is known for its vibrant street life and cultural landmarks. The historic [Grand Palace](#) and Buddhist temples including [Wat Arun](#) and [Wat Pho](#) stand in contrast with other tourist attractions such as the nightlife scenes of [Khaosan Road](#) and [Patpong](#). Bangkok is among the world's top tourist destinations. It is named the most visited city in MasterCard's Global Destination Cities Index, and was named "World's Best City" for four consecutive years by [Travel + Leisure](#) magazine.

Bangkok welcomes more visitors than any other city in the world and it doesn't take long to realise why. This is a city of extremes with action on every corner: Marvel at the gleaming temples, catch a tuk tuk along the bustling Chinatown or take a longtail boat through [floating markets](#). Food is another Bangkok highlight, from local dishes served at humble street stalls to haute cuisine at romantic rooftop restaurants.

Luxury malls compete with a sea of boutiques and markets, where you can treat yourself without overspending. Thai hospitality is admired by all visitors throughout the world.







Datuk Paul Chua WBPF Secretary General and Suwat Liptapanlop VP of NOCT (Center) together with Organizing Chairman Nopporn Wartin, Montri Chaipun SAT Deputy Governor and Douglas Latchford President of TBPA



Datuk Paul Chua WBPF Secretary General received a souvenir from Suwat Liptapanlop Vice President of National Olympic Committee of Thailand (NOCT)

**HOSPITALITY:** Your hosts the Thailand Bodybuilding and Physique Sports Association, are hospitable and friendly and you will be warmly welcomed upon arrival at the Suvarnabhumi International Airport, which is approximately 10 kms.to the hotels.

**OFFICIAL HOTELS:**

**A) For WBPF Executive Council Members & Secretary of each sub-committee:**



**FOUR WINGS HOTEL**  
**333 Srinakarin Road, Huamark,**  
**Bangkapi Bangkok 10240**  
**Tel: 02-378-8000**  
**Fax: 02-378-8080**

The Four Wings Hotel offers elegance and comfort. The establishment is situated near a first-class shopping Centre and offers 312 tastefully decorated and well-equipped rooms. Gastronomists will appreciate the Four Wings' Chinese and Japanese restaurants. Business travelers can make use of dedicated facilities while recreational amenities include: health and fitness center, swimming pool, squash court, sauna, massage, aerobic classes and a gym. Note: **All executive members are to arrive on 24th November 2015** and they are eligible to bring their spouses with them.

WBPF Executive Committee members and Standing Committee members are exempted from paying the Registration fees, including Patrons and Honorary Life Members.

Special Note: Standing Committee members with the exception of the Chairman and Secretary of each sub-committee may have to share a twin sharing room. If a sub-committee member request for a single room, he or she must pay the difference of US Dollars 800. All sub-committee members will be accommodated at the ALEXANDER HOTEL.

**B) For Team Managers, Coaches, Judges and Athletes:**



**ALEXANDER HOTEL - BANGKOK**

**Address: 1 Ramkhamhaeng 83/3 (Alexander)  
Huamark, Bangkok, Bangkok 10240 Thailand**

Dining, Entertainment and Leisure Sala Thai





**VENUE OF THE CHAMPIONSHIPS:  
THE MALL BANGKAPICONVENTION CENTER**



Datuk Paul Chua WBPF Secretary General and Sugree Supawarikul TBPA Secretary General during their inspection of the venue

## **MEETINGS:**

**A. Team Managers and Judges will hold their meeting in the Busara Room 3<sup>rd</sup> Floor of the Alexander Hotel – Bangkok.**

**B. The Executive Council meeting will be held in the Conference Room 3<sup>rd</sup> Floor of the Alexander Hotel - Bangkok.**

**C. The world congress will be held in the well-appointed and spacious The Evergreen Hall 5<sup>th</sup> Floor at the Alexander Hotel.**

## **HOTEL DEPOSITS:**

A security deposit of US\$100.00 per person is required upon check-in for incidental and personal expenses which may arise (telephone, mini-bar, laundry, room service etc.) The unused portion of this deposit will be refunded at check-out time. In order to facilitate matters, the chief delegate or team manager will be asked to provide CASH to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any members of his team. *PLEASE INFORM YOUR TEAM BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES.*

## **REGISTRATION FEE:**

Each athlete and delegate, including delegates without competitors participating will be obligated to pay a Registration Fee of US\$70.00 per day x 6 nights = US\$420.- per person for a twin bedded sharing room. This fee is payable to the Thailand Bodybuilding and Physique Sports Association. This fee includes hotel accommodation, 3 meals per day (Breakfast Lunch & Dinner), shuttle to and from airport to hotel and to competition venue and a Farewell Party. If anyone wish to have a single room, they have to pay US\$ 50 extra per day (Total amount of US\$ 300)

## **EXTRA DELEGATES, OFFICIALS AND SUPPORTERS**

All extra delegates, officials, judges, coaches, team managers or trainers, family and supporters are required to pay as follows for accommodation at the Alexander Hotel:

- \* Single Room: US\$800.00
- \* Twin Sharing Room: US\$1200.00

The above charges include airport transfers, 3 meals and Farewell Party and tickets for the pre-judging and finals for 6 nights stay at the Alexander Hotel.



## **EARLY ARRIVAL AND LATE DEPARTURES**

Any team or officials including Executive Committee arriving early or departing late are required to pay for the extra days per night for:

- \* Standard single room US\$100 per night (one person) at the Alexander Hotel
- \* Standard twin bedded room US\$150 per night (two persons) at the Alexander Hotel
  
- \* Executive Council members - US\$180 per night (one person) at the Four Wings Hotel

Pick up service will be provided from the airport and return. Meals on your own, this is excluded from the rate quoted to you.

## **PAYMENTS & CURRENCY**

Only Cash Payment in US\$ or Thai Baht will be accepted for registration fees. Credit Cards are acceptable at the large shopping malls in Bangkok.

## **SECRETARIAT**

The Organizing Committee will man a secretariat room at the Alexander Hotel from 23rd November to 30th November 2015. You may obtain information and assistance from the Secretariat when required.

## **WEIGH-IN AND REGISTRATION**

Weigh-in and Registration will take place at the Evergreen Hall, 5th floor of the Alexander Hotel on 26<sup>th</sup> November 2015. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his/her own expenses.

**IMPORTANT:** Each athlete must bring his/her passport and posing music on CD to the weigh-in and registration, failing which the athlete will not be processed.

## **PARTICIPATION RULES**

1. Country with less than two (2) competitors - only one (1) official will be allowed to pay the official registration fee;
2. Country with three (3) and above competitors - two (2) officials will be allowed to pay the official registration fee;
3. Country participating with woman athletes may send one (1) extra female official and she need to pay only the official registration fee.

## **BACKSTAGE ACCESS/DRESSING ROOM ACCESS**

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex to the athlete they are assisting.

## **CAMERA/VIDEO TAPE EQUIPMENT**

Camera and/or video tape equipment shall be strictly prohibited in the back stage and/or dressing room areas except when used by the WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

## **PARADE OF NATIONS**

National dress code or track suits to be worn by delegates and/or officials taking part in the Parade of Nations. Only one (1) delegate and (2/3) two/three athletes per country must take part in the Parade of the Nations.

## **JUDGES**

In order to assist the WBPF Judges Committee in their selection of judges for this Championships, please forward your nomination for Judges from your National Federation as soon as possible but no later than 30th September, 2015. Judges must possess an International/Continental recognized judge's card and must produce to the Judges Committee at Bangkok. Please send the nomination to Mr. Walter den Branden and c.c. to the WBPF Secretariat in Singapore and to the Organizing Committee for record purpose.

Mr. Walter Branden  
Chairman - WBPF Judges Committee  
P.O. Box 204  
4566 ae Hulst  
Netherlands  
Fax: + 31 114 311 452  
Email: [wbpsfwalter@zeelandnet.nl](mailto:wbpsfwalter@zeelandnet.nl)  
Email: [wbpsf.ckam@yahoo.com](mailto:wbpsf.ckam@yahoo.com)  
Email: [thaibody@hotmail.com](mailto:thaibody@hotmail.com)

Kindly nominate the name of your judges in advance, last minute submission will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with grey blazer and grey skirt or dress pants.

## **ENTRY PASS CARD**

Entry Pass will be issued to the Weigh-in and backstage area during the Weigh-in, Pre-Judging and Finals. It will be distributed at the Judges/Team Managers Meeting as follows:

Five (5) or more competitor - two (2) Pass will be issued and less than five (5) competitors, one Entrance Pass will be given.

## **MEDIA ACCREDITATION**

All media accreditation, except local media, shall be controlled by the WBPF. All persons wishing to obtain media accreditation for this event must register with the WBPF by completing and signing the WBPF Media Accreditation Form. The form must be submitted to the WBPF by Email at [wbpfsecretary@yahoo.com](mailto:wbpfsecretary@yahoo.com) and [thaibody@hotmail.com](mailto:thaibody@hotmail.com) no later than 20th October, 2015.

## **ATHLETES WITHOUT DELEGATES**

All athletes competing as WBPF World Championships must be members in good standing of their National Federations. Any athlete who arrives without a Delegates must carry an Official Letter of Authorization of Participation from his/her National Federation or by the WBPF, failing which the athlete will not be eligible to participate.

## **FAILURE TO HONOUR FINAL ENTRY FORM DEADLINE**

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championships activities. A failure to respect these deadlines is a breach of the WBPF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Pre-Judging, Finals and Farewell Banquet.

## **MISREPRESENTATION**

Misrepresentation is a serious breach of the WBPF Code of Ethics and occurs when an "Official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially registered, fail to compete.

## **MEDICAL WITHDRAWAL**

Once officially registered, no Athlete may withdraw from competition, without the prior approval of the WBPF Judges' Chairman, who has the right to verify the reason for the



withdrawal. Any National Federation that fails to seek the prior approval of the WBPF Judges' Chairman before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

## **ATTENDANCE AT THE WBPF WORLD CONGRESS**

All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the Congress.

## **PRELIMINARY AND FINAL ENTRY FORMS**

Preliminary Entry Form must be filled and returned to the Thailand Bodybuilding and Physique Sports Association as soon as possible, but no later than 10th September, 2015

Final Entry Form must be filled and sent to the Organizer with the actual names of the people in your team within 30 days before the official arrival date (23rd October 2015). Please indicate the weight categories of your athletes.

**ATTENTION:** Those national federations who do not inform the organizing committee of how many extra delegates and supporters will be participating from their country, cannot be guaranteed accommodation at the Alexander Hotel as rooms will be limited. Your co-operation is essential to ensuring your reservations at the Alexander Hotel and the arrangements for your transportation.

## **DOPING**

Doping will be conducted by the Thailand Doping Agency in collaboration with our WBPF Anti-Doping Committee.

## **NATIONAL ANTHEM/NATIONAL FLAG**

A) You must provide two (2) National Flags of your country. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters

B) You must also provide your National Anthem (shortened version) on CD. Video or cassette not acceptable.

## **POSING MUSIC**

Posing music must be on CD only and produced with good quality. The music should be cued from the start of the CD. Each competitor must affix his/her name on the CD for easy identification.

**THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED.**

## **VISA**

Please check with your Travel Agents or the Thailand Embassy in your country to determine if you need a visa. Upon a request an official letter shall be issued and signed by the Thailand Bodybuilding and Physique Sports Association (TBBA). Please note, that the visa administration process can take 6 weeks, therefore, if you need help for visa administration, you should communicate with the TBBA as early as possible. **LAST MINUTE REQUEST WILL NOT BE ENTERTAINED BY THE ORGANISING COMMITTEE.**

## **TRAINING FACILITIES**

In the Weight Training Center of the Sports Authority of Thailand

## **LANGUAGE**

The official language is Thai, however, English is widely spoken in hotels, restaurants, shopping centers and tourist sites.

## **CURRENCY**

The unit of currency is the Thai Baht. All major credit cards are accepted in hotels and some restaurants. Certain stores may not accept credit cards or foreign currency, therefore, it is advisable to convert some money into Thai Baht.

## **CLIMATE:**

During the month of November to December the temperature will be approximate 22 to 26 Degree Celsius.

## **ELECTRICAL CURRENT**

220 volts

## **SIGHT SEEING AND SHOPPING**

For shopping and sightseeing, it is suggested that you contact the Secretariat or the Concierge for assistance.

## **ARRIVALS AND DEPARTURES**

You are required to notify the Organizing Committee of your schedule of arrival and departure time to the Organizing Committee well in advance. There is a column in the Final Entry Form for arrival and departures, please fill them and have it sent to the Organizing Committee. **YOUR CO-OPERATION IS ESSENTIAL TO ENSURING ADEQUATE TRANSPORTATION FOR YOUR TEAM.**

## COMMUNICATIONS

The official entry form and invitation will be forwarded to all national federations by the WBPF Secretariat. Please forward all correspondences about your participation in the 7th WBPF World Championships/Congress to:

Mr. Sugree Suprawakul  
Executive Vice President and Secretary General  
Thailand Bodybuilding and Physique Sports Association  
Sports Authority of Thailand  
19<sup>th</sup> Floor SAT Building, Ramkamhaeng Road,  
Huamark, Bangkapi, Bangkok 10240  
Thailand.  
Tel: +662-170-9601  
Fax: +662-170-9602  
Email: thaibody@hotmail.com

and c.c. a copy to:

Datuk Paul Chua  
Secretary-General - WBPF  
35 Tannery Road,  
#04-01 Tannery Block,  
Ruby Industrial Complex  
Singapore 347740

Email: [wbpfsecretary@yahoo.com](mailto:wbpfsecretary@yahoo.com)  
Fax: (65) 67479846  
Tel: (65) 96163202 or (65) 96455466